

A Preseason Wrestling Clinic

Featuring:

Joe Henson

Hanover High School Graduate

2 Time PIAA State Champion

Wrestled at Nebraska University and University of Pennsylvania

US Open All-American, 4 Time National Qualifier, & Won over

100 Collegiate Matches

&

Ruslan Madjinov

Seven Time National Champion from Kyrgyzstan

Second Place at the Asian Games

Fourth Place at the World Championships

Sunday, November 7, 2004 @ South Western High School

Clinic Schedule

12:00-12:15pm Arrive/Register

12:15-1:30pm Technique

1:30-1:45pm Break

1:45-2:45pm Technique

2:45-3:00pm Break

3:00-3:45pm Individualized Technique/Live Wrestling

3:45-4:00pm Question and Answer

****Presented By: The South Western Youth Wrestling Association****

• *Wrestlers in Grades 7-12 only.*

• *Please make checks payable to: Mustang Wrestling Club*

• *Mail to: Greg Sprenkle, SWHS, 200 Bowman Rd., Hanover, PA 17331*

• *Drinks will be available for purchase.*

• *Any Questions please email: greg_spenkle@sbsd.k12.pa.us, (717)637-8158*

-----*(Detach here)*-----

Name: _____ School: _____ Grade: _____

Address: _____ Coach/Parents Wrestler Weight: _____

_____ Cost: Wrestlers (\$25) Coaches/Parents (Free)

Phone#: _____